

Foundational Protocol

YOUR ROADMAP TO HEALTH



Gut to Whole Body

As with any important journey, an effective roadmap is critical to success. Your Roadmap to Health is designed to help individuals understand how to take the trip and what to expect along the way. It will also help in navigating and understanding some of the detours, challenges, and important mileposts of a successful health journey.

Mitochondrial Level

FOUNDATION TIMELINE

MONTH

1

2

3

4

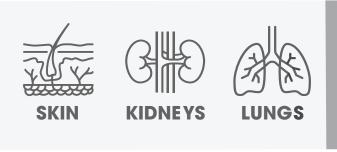
STEP 1
ENERGY & DRAINAGE

STEP 2
GUT & IMMUNE SUPPORT

STEP 3
WHOLE BODY IMMUNE SUPPORT



YOUR BODY'S DRAINAGE FUNNEL



BACKFLOW DRAINAGE PATHWAY

When the bile ducts experience a blockage or stagnation, the toxins that should be dumped into the bile and moved through the bile ducts are instead pushed into the bloodstream. When these toxins enter the bloodstream, they go systemic. That can result in skin rashes, as well as kidney and lung damage.











Step 1: ENERGY & DRAINAGE

PREPARE

THE BODY FOR A SUCCESSFUL TRUE DETOX EXPERIENCE













Provide the body with the help it needs to maintain a healthy liver and intestinal drainage. Keep unwanted elements moving easily out of the body.



Sustain Energy

Harness the power of BioActive Carbon® to nurture the mitochondria— the cellular energy powerhouses. Energy is required for good drainage.



Minimize Reactions

Give the body's natural filtration systems a helping hand. Bind unwanted elements and byproducts to maintain well-being on the journey.

Step 1 Dosages

Standard

	WAKE-UP	MORNING	NOON	NIGHT	BEDTIME
Advanced TUDCA		1€		16	
Bowel Mover		16		2€	
BioToxin Binder		2€		2€	
Fulvic Minerals		10%		10%	

DOSING NOTES:

- Bowel Mover
 - Important to adjust dosing for your body.
- **All products in Phase 1 can be taken together.

Sensitive

	WAKE-UP	MORNING	NOON	NIGHT	BEDTIME
Advanced TUDCA		16			
Bowel Mover		1€			
BioToxin Binder		1€		16	
Fulvic Minerals		5*		5 %	

Step 2: GUT & IMMUNE SUPPORT

SUPPORT

THE IMMUNE SYSTEM & REMOVE INTESTINAL RESIDUE

















Remove Toxins

Continue assisting the body's routine elimination of toxins. That includes supporting kidney and liver drainage by taking natural plant compounds.



Support Microbiome

Gently nurture
the gut's natural,
healthy balance of
bacteria and other
microbes. Keep
digestive juices
flowing and intestinal
contents moving.

Scrub the Gut

Support the gut's regular "house-cleaning" functions.
Use plant-based ingredients to help "scrub out" unwanted materials and common intestinal buildup.

Step 2 Dosages

Standard

	WAKE-UP	MORNING	NOON	NIGHT	BEDTIME
KL Support		2€		2€	
ViRadChem	inder Sander	2€		2€	
Para 1	2€				2 €
Para 2	2€				2€
MitoATP		10%		10%	

Sensitive

	WAKE-UP	MORNING	NOON	NIGHT	BEDTIME
KL Support		16			
ViRadChem		1€		16	
Para 1	16				16
Para 2	1€				16
MitoATP		5 😘		5 😘	

DOSING NOTES:

• Para 1

- Taking 20-40 minutes before you eat is a great time.

Needs to be take 1 hour away from BioToxin Binder.

• Para 2

- Can be taken together with Para 1.

KL Support

- Can be taken together with all other products.

MitoATP

- Add drops to 1-ounce of water. Can be taken with CT-Minerals. Keep 10-15 seconds away from HydrOxygen.

Step 3: WHOLE BODY IMMUNE SUPPORT

BUILD

MOMENTUM FOR A DEEPER DETOX















Build on the solid groundwork that you have established. Ramp up efforts to support healthy immune system balance and function.



Move Beyond Gut

Support normal, systemic detox with BioActive Carbon.
With an ability to travel beyond the gut, this is the game-changer your protocol needs.



Prep to Go Deeper

Get ready to go
deeper in the
journey. Nurture
the body's natural
detoxification of
mild environmental
exposures to
unwanted elements.

Standard

Step 3 Dosages

	WAKE-UP	MORNING	NOON	NIGHT	BEDTIME
LymphActiv		16		16	
ViRadChem Binder (and)	2€		2€	
Para 1	2 €				2€
Para 3		10%		10%	
Hydr0xygen		10%		10%	

DOSING NOTES:

• Para 3

- 3 weeks ON and 1 week OFF. Take 5-10 drops twice daily and work up to 2 droppersful.
- **All products in Phase 3
 can be taken together
 except: keep ViRadChem
 1 hour away from Para 1.

Sensitive

	WAKE-UP	MORNING	NOON	NIGHT	BEDTIME
LymphActiv		16			
ViRadChem Binder	· ·	16		1€	
Para 1	16				16
Para 3		5 😘		5 %	
Hydr0xygen		5*		5 😘	

Step 4: systemic detox

ADDRESS

LINGERING, EVERYDAY TOXINS FROM HEAD TO TOE

















Peel away the layers that have stood in the way of a vibrant life and optimal health.
Turn the tables on everyday toxicity and go deeper.



Remove Toxins

Support the body's routine detoxification of mild environmental exposures to elemental toxins and man-made contaminants.



Embrace Wellness

The body was made to work well. Enjoy the fruits of efforts to support the body's healthy detoxification and favorable performance.

Step 4 Dosages

Standard

	WAKE-UP	MORNING	NOON	NIGHT	BEDTIME
HM-ET Binder		16		16	
Fulvic Minerals		20%		20%	
Fulvic lodine		10	10		
Inflamma Control		2€		2 €	
CT-Spore		PEN	DIN	C2 &	

DOSING NOTES:

• HM-ET

- Start at 1 capsule twice daily and work up to 2 capsules twice daily. Aggressive dosing: take 4 capsules twice daily.

• Fulvic Iodine

- Does not need to be taken with food.

Sensitive

	WAKE-UP	MORNING	NOON	NIGHT	BEDTIME
HM-ET Binder		16			
Fulvic Minerals		10%		10%	
Fulvic lodine		10			
Inflamma Control		16		16	
CT-Spore		PEN	DIN	GI _©	



BioToxin Binder

BioToxin Binder contains long-, medium-, and short-chain carbons which act in different ways depending on where they are in the body. That's the key: they get to different areas of the body, working systemically, and not just in the gut. BioToxin Binder contains polyelectrolytes, polysaccharides, amino acids, and organic acids, and supports cellular energy production. This ability to promote life sets it apart from older spent carbons and renders them obsolete.



Bowel Mover

The result of more than ten years of development and clinical utilization. This is the perfect blend of ingredients in the proper ratio designed to provide non-habit-forming, safe, effective digestive support. Bowel Mover is specifically designed to help promote digestive and detox support while executing its primary function of supporting proper bowel function. This product is beneficial for those that struggle with constipation by providing natural, gentle bowel relief.



Advanced TUDCA

TUDCA (Tauroursodeoxycholic acid) is a water-soluble bile acid and liver helper. It's present in small amounts in your bile, which is produced by your liver. TUDCA helps stimulate the release of bile into your gut and detox a whole range of potentially harmful substances, including those generated during metabolic processes and contaminants from your food and the environment.



CT-Minerals

At the heart of CT-Minerals is the naturally occurring, highly refined, and naturally chelated extracts of Fulvic Acid. This means 100% organically complexed nanosized molecules which can penetrate human tissue and blood cells easily. With over 69 naturally occurring, plant-derived trace minerals and twelve amino acids, this supplement is highly bioactive and can perform numerous biochemical and metabolic detoxification functions.



Para 1

Para 1 is CellCore's flagship immune and digestive support product. Made from the Mimosa Pudica Seed, this fat-soluble supplement has the ability to deliver tangible, visible results. In the digestive tract, Mimosa Pudica seed becomes jelly-like and sticky as it scrubs the gut and grabs unwanted elements in the digestive tract.



KL Support

Coupling a unique blend of natural ingredients (including NAC, milk thistle, parsley gynostemma, collinsonia root, beetroot and marshmallow root) with our powerful BioActive Carbons, this product supports and promotes healthy kidney and liver function. As an integral part of the body's cleansing and filtering system, proper kidney function is essential to any detox protocol.



Para 2

Developed over years of clinical trials, Para 2 Immune & Digestive Support is a multi-herb formula specifically designed for powerful immune and digestive support. The proprietary blend includes multiple ingredients built to maximize the body's ability to boost immune system function and detox.



MitoATP

Harnessing the benefits of specific fulvic acid extracts, MitoATP is formulated to enhance mitochondrial function and upregulate ATP production. While improving energy levels, MitoATP improves your ability to detoxify to maximize your health protocols. MitoATP promotes cellular renewal and helps mitochondria in their role of viral protection.



ViRadChem Binder

ViRadChem Binder from CellCore is a game-changer. It is designed to get to the source of chronic symptoms by targeting viruses, retroviruses, radiation, and chemical toxins. The BioActive Carbon molecules are formulated at a nanoparticle level to ensure delivery of nutrients to the places they're needed most: directly into the cell. The ability to go systemic makes ViRadChem a more effective supplement and the perfect complement to detox efforts.



LymphActiv

The importance of establishing drainage begins with the lymphatic system, and our Lymphatic Support supplement is comprised of a variety of natural ingredients, including Astragalus root, graviola, chuchuhuasi, and several other natural components whose anthraquinones, sterols and tannins provide antioxidants and other immune-supporting properties. Coupled with our BioActive Carbon molecules, LymphActiv creates the lymphatic motion needed to support drainage.



Para 3

Take your immune-boosting protocol to the next level. Para 3 is not just a new combination of herbs to fight pathogens. Para 3 is designed to absorb deep into tissues to address pathogens other products can't. The tincture model allows more specific dosing options, letting you increase/decrease per the individual comfort level.



HydrOxygen

Proper oxygen levels are a requirement for efficient cellular respiration. Oxygen is a highly reactive element, meaning that it bonds easily with so many other elements. This has proven a challenge in efforts to create oxygen supplements that have the ability to go systemic, and not just die in the gut. Our science team has overcome this obstacle, using proprietary processes that stabilize BioMolecular Oxygen and push it through to the organs, tissues, and cells that it needs to impact in order to accomplish its mission without dissipation or diminishing effectiveness.



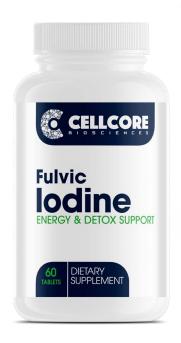
Inflamma Control

Sometimes inflammation can get stuck in the "on" position, preventing your body from functioning like it was designed to. Help fuel your body with the natural anti-inflammatories in Inflamma Control. These 11 plant-based inflammation tamers help quiet rogue inflammation back to healthy levels. This can help your body reset, promote detox, and put you on the path to optimum health.



HM-ET

As part of our comprehensive protocol lineup, HM-ET Binder is the proverbial "cleanup" batter. The name is simple: "HM" comes from "heavy metals" and "ET" comes from "environmental toxins." This product is designed to focus on chelating both heavy metals and environmental toxins from the system, while the BioActive Carbon molecules provide the biological building blocks to heal your system.



Fulvic Iodine

lodine helps convert thyroid-stimulating hormone (TSH) to triiodothyronine (T3) and thyroxine (T4). These hormones promote proper bone and brain development, and appropriate levels of iodine are important for everyone, especially for infants and those who are pregnant. In addition to promoting normal growth and cerebral function, iodine can assist in preventing the absorption of radiation in the thyroid in the event of exposure and has shown to alleviate the symptoms of fibrocystic breast disease.



CT-Spore

CT-Spore will aid in detoxification of mycotoxins, antioxidative properties, antimutagenic, and inflammation. It will also help reduce intestinal pathogens and improves intestinal barrier intergrity. CT-Spore secretes several digestive enzymes to aid in nutrient absorption.

